



Arab Urban
Development
Institute

The 4th Mokar Conference on

Walking Around in the City

“The Role of Cities, Municipalities and Related Departments in Fostering Physical Activities in Favor of Health and Environment Protection” 26-30 April 2011 Aghadir - Kingdom of Morocco

GENERAL FRAMEWORK

Introduction:

The 4th international Mokar conference (the governmental and non-governmental organizations in the field of environment and sustainable development) will be held under the title of “The Role of Cities, Municipalities and Related Departments in Fostering Physical Activities in favor of Health and Environment Protection”.

It follows the previous successful sessions that aimed to display issues challenging the human being in several fields.

This conference comes to ring the alarm bell for the human beings vulnerability to the evident jeopardy of the: demographic transformation witnessed in urban areas, expanded built areas, and population increase; in addition to changes in the behaviors and living styles of people. Thus it is essential to seek subjective and legislative solutions for preservation of environment and human health of the coming generations.

Importance:

This conference will shed light upon the problems caused by abandoning physical activity by depending on the car and technological outputs which encourage motionless life; and review the role of planning and designing the residential environment. The conference will also highlight the importance of environmental preservation and protection projects, as well as the administrative leadership for environmental sustainability.

Objectives:

The conference aims to disseminate knowledge on the projects of physical activities and the role of planning in implementing them, in addition to projects of environmental preservation and administration, through:

- 1- Ensuring the importance and benefits of physical activity.
- 2- Reviewing the role of planning and designing the residential areas in cities.
- 3- Highlighting the importance of environmental preservation and protection.



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4- Review the roles of municipalities, local departments, private sector and civil community organizations in providing projects for a hygienic environment and preservation and protection of the environment.

5- Assuring the importance of the role of media and education establishments in disseminating the culture of environmental and hygienic awareness.

6- Examination of the local, regional and international experiences in these fields.

Themes and Topics:

1- Physical Activities:

- a- The importance of physical activity to the human being.
- b- The dimensions of hygienic, psychological and social benefits of the physical activities.
- c- Importance of walking and roaming around as the most significant health activities.

2- Planning and designing the residential areas:

- a- Rules and regulations of physical planning and urban designing to foster hygienic activities and walking sport.
- b- The role of related local departments and municipalities in providing venues and aids for hygienic environment.

3- Architect and Techniques for the Improvement of Environmental Health:

- a- Rules and regulations of environmental preservation and protection.
- b- Projects of environmental preservation and protection in urban areas and rational leadership for administration.
- c- Modern technology to foster the physical activities for a better health.

4- Local, Regional and International experiences.

Presenters:

- The scientific material will be presented by specialists from fields of: medicine, engineering, Public Health, Environment Architects, Urban Planning, Environment Preservers... Etc.,



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- Universities, government departments, municipalities, the private sector and related organizations will share their knowledge and expertise.

Methodology:

- Lectures and Papers.
- Workshops where specialized personalities and participants will take part.
- Deliberate discussions on the experience of Moroccan National Law.

Field visits:

The program will involve site visits for:

- a - Historical sites of the city: (Sunday Souque, Aghadir market place, Amazighian museum)
- b- Museum of (Aghadir Photos) before the earth quake.
- c- Visit to (extracting Arkan Oil Co-Op).
- d- Voyage on the Atlantic Ocean.
- E- Tour through the city and a visit to a social project.

Exhibition:

A specialized exhibition will be organized for municipalities and establishments.

Who should attend:

- Officials from municipalities and related departments in cities, human and social service departments, and public health and environmental preservation departments.
- Researchers and experts concerned with the issue.
- Organizations, specialized scientific institutions and the private sector.

Venue: The city of Aghadir, kingdom of Morocco, will host the event.

Date: 26- 30 April 2010.

Organization:

* Organization Argane Souss pour le Development et la Protection de L'Environment. *
The Arab Towns Organization represented by the Arab Urban Development Institute.



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Language: Arabic will be the language of the conference... yet, translation of papers presented in other languages will be translated into Arabic language.

Important Dates:

- 1- Call for papers: Saturday 10 July, 2010.
- 2- Abstract delivery (one page): Thursday 2 Sep., 2010.
- 3- Acceptance of abstract: Thursday 7th October, 2010.
- 4- Full papers for verification: Saturday 13th Nov., 2010.
- 5- Acceptance of full paper:
(With amendments where needed): Monday 20 Dec., 2010.
- 6-Delivery of amended full papers: Saturday 15th Jan., 2010.
- 7- Acceptance of amended full papers: Saturday 5th Feb., 2010.
- 8- Setting and printing the book and the program: Tuesday 15 March. 2010.
- 9- Conference convenes from Sunday 18 to Friday 23 April 2010.

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